

# NCHC Volunteer NEWSLETTER

## FALL HAS ARRIVED

*A Season of Reflection.  
A Season of Gratitude.*

For some, fall (or autumn) symbolizes harvest, and the beginning processes of hibernation before winter. Fall is finally here. The smell of fresh baked apple pies, pumpkin spice everything, hayrides, bonfires, corn mazes, and colorful Autumn leaves. Halloween and Thanksgiving are just around the corner, and of course football season has started. GO PACK GO!! The turn of the season brings with it a magical transformation and there is something uniquely charming about Autumn. As the world changes color, it is an opportunity for us to reflect, recharge and find mindfulness. As we reflect on the past months, we would like to extend our heartfelt gratitude to you for your unwavering dedication to our residents throughout the year. Your time and energy resonate in every event with our residents. Happy Fall Y'all.



**"Autumn is a second spring when every leaf is a flower."**

- Albert Camus



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# Upcoming Volunteer Opportunities & Events

## OCTOBER

Thursday, Oct. 3	1:30-3:30	NOM & Music w/ Dan Gruetzmacher	Community Room
Week of Oct. 7-11		MVCC Homecoming	
Thursday, Oct. 10	1:30-3:30	Games Assembly	Community Room
Friday, Oct. 11	1:30-3:30	Tailgate Party w/ DJ Don	Community Room
Thursday, Oct. 17	1:30-3:30	Music w/ Phil John	Community Room
Friday, Oct. 18	9:30-11:30	Large Group Bingo	
Thursday, Oct. 24	9:00-Lunch	Resident Voting	Community Room
Tuesday, Oct. 29	1:30-3:30	BOO Bash	Community Room
Thursday, Oct. 31	2:30-5:00	Annual Trick or Treating	Community Room

## NOVEMBER

Thursday, Nov. 7	1:30-3:30	NOM & Music w/ Dan Gruetzmacher	Community Room
Monday, Nov. 11	9:45-11:45	Veteran's Day Program	Community Room
Thursday, Nov. 14	1:30-3:30	Thankful Social w/ DJ Don	Community Room
Thursday, Nov. 21	1:30-3:30	Welcome to Deer Camp	Community Room
Tuesday, Nov. 26	1:15-3:30	Movie Matinee	Community Room

## DECEMBER

Thursday, Dec. 5	10:00-11:30	Holiday Bazaar & Bake Sale	Lobby
Thursday, Dec. 5	1:30-3:30	NOM & Music w/ Dan Gruetzmacher	Community Room
Thursday, Dec. 12	1:30-4:00	Lounge Music w/ Larry Jankowski	Community Room
Friday, Dec. 13	1:30-3:30	Jolly Jingle Social w/ DJ Don	Community Room
Tuesday, Dec. 17	9:30-11:30	Large Group Bingo	Community Room
Thursday, Dec. 19	9:45-11:30	Music w/ Tom Burt	Community Room
Friday, Dec. 20	10:15-???	Resident Christmas Caroling	Lobby
Friday, Dec. 20	1:15-3:30	Christmas Movie Matinee	Community Room



## Areas of Need

### BEAUTY SHOP VOLUNTEERS

We have recently restarted our volunteer beauty shop. Currently the volunteer beauty shop is open on Fridays from 10:00am to 12:00 pm in the beauty shop on 2S. We are looking for volunteers to help on Fridays and possibly opening up the volunteer beauty shop on another day of the week. If you have a skill for setting hair and would be interested in helping, please contact the Volunteer office and let us know.

### MOUNT VIEW TRICK-OR-TREATING

Thursday, October 31st | 3:00pm -5:00pm

Spread the word! Mount View Care Center is hosting a spook-tacular Trick-or-Treating event this Halloween. Little ones can trick-or-treat through the Mount View Community Room, delighting our residents with their costumes and spreading Halloween joy. Our residents eagerly await this annual tradition, and the children's visits bring smiles and happiness to all. Join us for this spooky night of community spirit.

### HALLOWEEN TREATS NEEDED!

The Life Enrichment Team is in need of small, wrapped candy donations for the residents at Mount View Care Center to hand out during Trick or Treating, which will take place on Thursday October 31st. We anticipate hundreds of children passing through, and we would like to be able to supply them all with goodies. Our residents anxiously look forward to this holiday.

Seeing all the little kids in costumes brings a smile to their faces. If you are able to make a donation, please drop it off in the Volunteer Office or at Guest Services. We greatly appreciate your donations for this exciting event.



### INTERESTED IN VOLUNTEERING?

Do you know someone who would be a great volunteer? Please encourage them to contact the Volunteer Services office at 715-848-4450 or [smesenberg@norcen.org](mailto:smesenberg@norcen.org). We would love to speak with them and bring them onto our team! Information can also be found on our North Central Healthcare website @ [www.norcen.org](http://www.norcen.org).

## Welcome to the Team!

We would like to welcome and say thank you to our newest volunteers. We are so excited to have you join our team.



**PAM HESSE**



**CLARK ANKLAM**



**CAROL BLEVINS**



**KRYSTAL RAHLF**

## Are you a Veteran?

As a tribute to our esteemed veterans, we extend a heartfelt invitation to join our annual Veteran's Day Program. This special event is scheduled for Monday, November 11th, 2024 at 10:15am. If you wish to be honored during this occasion, kindly reach out to our Volunteer Office. Share with us your service details, including when you served and the branch of military you served in. We deeply appreciate your dedicated service to our nation.

Thank you for your service.





# VOLUNTEER SPOTLIGHT



## Highlighting Elizabeth Rossiter



We are incredibly grateful to celebrate Liz, who has been volunteering with us for 14 years! Liz's unwavering dedication and enthusiasm for our volunteer program have been nothing short of inspiring, and we are fortunate to have her as part of our team.

Liz began her volunteer journey at North Central Health Care when her brother, Mark, became a resident. Mark was a resilient farmer and logger in northern Wisconsin who continued to farm and raise cattle for 20 years despite a logging accident that left him partially paralyzed. Liz recalls, "When Mark needed respiratory support, we found that NCHC was one of the few places in the state with 24-hour respiratory therapists on staff. That was a godsend for him and a tremendous relief for our family." This experience left a lasting impression on Liz, and her 14 years of volunteering have been a heartfelt way of giving back for the care Mark received.

Born and raised on a farm in northern Wisconsin (literally born at home!), Liz graduated from Prentice High School before earning her bachelor's degree from UW-Whitewater and two master's degrees from UW-Milwaukee. Though Wisconsin has been home for most of her life, she has also lived in Coeur d'Alene, Idaho, and Fishers, Indiana. Liz's career was rooted in education; after college, she helped establish a clerical training program for adults at Curative Workshop in Milwaukee. She later taught business classes part-time at MATC and Me-

quon High School while raising her two children. Eventually, she became the Director of Business at the West Bend School District.

Liz is always eager to lend a hand with any planned activities, whether at NCHC or out in the community. She has accompanied residents on shopping trips (one of her favorite activities!), dined at restaurants, enjoyed movies, attended Woodchuck baseball games, and visited the Woodson Art Museum. At NCHC, she's been involved in numerous programs, from music and ice cream socials to car shows. No matter the event, Liz is always ready to join in and make it special for the residents.

Among all her volunteer experiences, one stands out as particularly memorable. A few years ago, a social worker asked Liz to befriend a new resident who had moved to the area from out of state to be closer to family. "Sometimes I'd stop by for a short visit or take her for a stroll outside," Liz recalls. "We'd go on van rides to the Woodson Art Museum, the Wausau Museum of Contemporary Art, and summer music events on the 400 Block. I even helped her write notes for her Christmas cards. We became good friends."

When Liz isn't volunteering, she enjoys an active and adventurous life. In the summer, she loves kayaking and golfing (though she modestly claims not to be very good at it!). During winter, she goes snowshoeing or walks through the woods when there's enough snow. An avid reader,

*"Volunteering affords a great opportunity to meet new people and to enjoy the intrinsic value of assisting others and one's self in the enjoyment of life." - Liz*

Liz remains a member of her book club in West Bend and values time spent with family and friends, whether in person or over the phone.

Liz, thank you for your many years of dedication and for bringing so much warmth and joy to our residents. We are truly fortunate to have you on our team.





## GOOD LUCK LINDSEY!

As summer comes to an end so did Lindsey's time here with us at NCHC. Lindsey Kroening spent the summer doing an internship with the Life Enrichment Program. Lindsey was working towards her degree in Recreational Therapy through the University of Wisconsin-La Crosse. Her last day with our team was August 30th. We would like to send out a huge thank you to Lindsey for her commitment to the Life Enrichment Program while fulfilling her internship. She was a great addition to our team, and we would like to wish her the best of luck in the future. The staff and residents will miss her very much. If the stars align down the road, we would love to welcome Lindsey back as a regular member of our Life Enrichment team. GOOD LUCK LINDSEY!! We hope your future is as bright as the sun and we know that you will be successful in whatever endeavor you choose.



## LIFE ENRICHMENT SPOTLIGHT



### *Highlighting Danielle Brusky*

The Life Enrichment staff at Mount View Care Center work tirelessly every day to ensure our residents stay active, engaged, and entertained. In each edition of our volunteer newsletter, we'll be shining a spotlight on one of our incredible team members, sharing their stories, what their role entails, and who they are outside of work.

For this fall edition, we're excited to introduce Danielle Brusky, or "Dani," as our Life Enrichment Spotlight! Dani has been a dedicated Life Enrichment Coordinator at NCHC since September 21, 2015—just one month after welcoming her son into the world. With a bachelor's degree in Recreational Therapy from the University of Wisconsin-La Crosse, Dani was drawn to the Life Enrichment program at Mount View Care Center because of its strong team and robust volunteer program.

Originally from Edgar, WI, Dani enjoys a busy family life with her husband, two school-aged children, their dog Phoenix, and two fish. She's a sports enthusiast who loves attending her kids' games, going for motorcycle rides, boating, and playing cards. She also enjoys watching movies, going to sporting events, dining out, and spending quality time with family and friends.

She explains, "I was intrigued by the position because of the established Life Enrichment team and the volunteer program. Having worked with various populations and age groups in previous roles, I felt my background in recreational therapy would be a great fit." After nearly 10 years, it's clear that Dani is the perfect fit—her dedication to the residents and the program is undeniable.

When asked about her favorite memory from working in Life Enrichment, Dani humbly shared, "Too many to mention, honestly. Every day is a new day, and I love learning the residents' stories and being part of enriching their lives and making them smile." And smile they do—thanks to Dani's unwavering commitment and genuine care. We are so grateful to have her as part of our Life Enrichment team.

**Thank you for all that you do, Dani!**

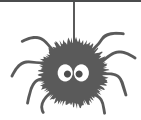




### CONGRATS MEG & FAMILY!

We would like to announce that Life Enrichment Aide, Meg Uting, welcomed a new addition to her family. Meg gave birth to a baby boy on August 19th, 2024. Ayden Robert Uting, was 9lbs 5ounces, 20 inches. Congratulations Meg on your beautiful baby boy. We are so happy for you as your family continues to grow.

## Volunteer Reminders



### Flu Shots for Volunteers

Cold and flu season will be upon us before we know it. We ask volunteers to consider getting vaccinated. Vaccination is not required to volunteer; however, a declination form will need to be signed if you do not care to have the vaccination. Flu vaccination clinic dates/deadlines to be announced.

### Election Day is Coming Up

Tuesday, November 5, 2024

Thursday, October 24th we will be offering voting to the residents of Mount View Care Center for the National Presidential Election. We will be looking for some additional volunteers on "voting day". If you would be interested in helping with resident voting, please contact the volunteer office and let us know.



## SPOOKY HALLOWEEN TRIVIA

1. In which country did the tradition of carving pumpkins originate?
2. What was the first feature-length horror film ever made?
3. Which famous magician died on Halloween in 1926?
4. What is the most commercially successful horror movie of all time?
5. In the movie Hocus Pocus, what are the names of the three Sander-son sisters?
6. What item is considered bad luck to see on Halloween, as it was thought to be a sign of a witch's companion?
7. What were the first-ever fun-sized candy bars produced specifically for Halloween?
8. In the 1978 movie Halloween, what is the name of the fictional town where the story takes place?
9. According to superstition, if you stare into a mirror at midnight on Halloween, what might you see?
10. What is the name of the Celtic festival that Halloween is believed to have originated from?

**ANSWERS** 1. Ireland 2. The Cabinet of Dr. Caligari (1920) 3. Harry Houdini 4. It (2017) 5. Winnifred, Sarah, and Mary 6. A Black Cat 7. Snickers & Milky Way 8. Haddonfield, Illinois 9. Your Future Spouse or a Ghost 10. Samhain

# Holiday Giving Program

Although it may seem far away, the Christmas season is fast approaching. We at North Central Health Care try to make the holiday season joyful for our clients, patients, and residents at NCHC. The Life Enrichment Team and Volunteer Services has already begun to prepare for the upcoming Holiday season. If you would be interested in "adopting" a client, patient, or resident, or would like to give a donation from the general donation list please reach out to volunteer services.

## HOLIDAY DONATION SUGGESTIONS

Below are donation suggestions for clients and residents of North Central Health Care. These items will directly benefit individuals and families receiving services. Donations will be delivered to Mount View Care Center, Group Homes, Community Treatment for Children and Adults, Behavioral Health Hospitals (Youth & Adult), Crisis Stabilization (Youth & Adult) and Outpatient clients in Wausau, Merrill and Antigo.

*\*Items with an asterisk are most needed.*

### Personal Items

- Wallets and Coin Purses
- Sweat shirts - all sizes: S - 4XL
- WARM winter gloves and mittens\*
- Winter caps and scarves
- Sweat pants\* (S - 4XL)
- Men's Undershirts, Underwear\* - S - 4XL
- Women's Underwear\* - S - 4XL
- Costume jewelry\*, necklaces especially with long chains
- Rubber soled slippers only - all sizes
- Baseball Caps
- Fleece blankets
- Reading Glasses (Variety of Powers)

### Toiletries

- Body wash\*
- Shampoo & conditioner\*
- Hair accessories (brushes, barrettes, hair ties, rattail combs)
- New Make-up (lipstick, ChapStick, etc.)
- Men's shaving items\*
- Hand Cream\* - small or medium bottles only
- Deodorant\* (predominantly Men's)
- Nail Polish\*, polish remover, cotton balls
- Toothbrushes & Toothpaste\*
- Cologne\* for men and women or Aftershave
- Disposable Razors\* for men and women
- Feminine Napkins/Tampons
- Small bottles of dish soap or bleach
- Kitchen Sponges
- Laundry detergent and fabric softener sheets
- Cleaning Supplies

### Paper Products

- Paperback Bibles (Large print or soft sided)

### Unique Suggestions

- Sewing kits
- Anything Green Bay Packers, Badgers, Brewers, Bucks
- Cans of Soda (caffeine-free only)
- Small packages of snacks, gum and candies (sugar-free or regular)
- Gift Certificates to McDonald's, Subway, Walmart, Kwik Trip, Target, Gas Cards, etc.
- Kitchen dish towels
- Sunglasses
- Towel sets: 1 bath towel, 1 hand towel, 2 wash cloths
- Boxes of Chocolates (must be sealed)
- Movie Theater Gift Cards
- Insulated Mugs

### Recreation/Craft

- Colored construction paper\*
- New 100-300 pieces or less Puzzles or therapeutic puzzles with large pieces\*
- Word Search\* and Crossword Puzzle Books\*
- Adult Coloring Books
- Colored pencils, markers, crayons
- Trinkets (almost any small object) for Bingo prizes
- Inexpensive canvases (all sizes), art paint & brushes
- Glue or glue sticks\*
- Tissue Paper
- Decks of Cards (new)
- Pony Beads
- Pens or Pencils
- Christmas Gift Bags for Wrapping (Medium & Large)
- Christmas Wrapping Paper
- Journals

**Interested in adopting a client or creating a Giving Tree at your organization or business for the holidays?**

Please, contact the NCHC Volunteer Office at  
**715.848.4450** or [volunteer@norcen.org](mailto:volunteer@norcen.org)

*"North Central Health Care Volunteers make life more livable and make it possible for me to go out into the community & attend special outings."*

*- Ron S. (NCHC Resident)*

**BOO**



## Remember to Sign in!

Please help us to collect your volunteer hours. This is very important to our records!! Your help with this is greatly appreciated. Sign in sheets are located at the main entrance to the tower at the front desk. A reminder that you only need to sign your name once to the sheet and mark your hours under the corresponding date that you are volunteering.

## Volunteer Office Contact Information

PHONE: 715.848.4450 | EMAIL: [Volunteer@norcen.org](mailto:Volunteer@norcen.org)

ADDRESS: Volunteer Services Office, 2400 Marshall Street, Suite B

715.848.4450 or  
[volunteer@norcen.org](mailto:volunteer@norcen.org)

Contact the Volunteer  
Services Office to refer:

Do you know someone  
who would be a great  
NCHC volunteer?

*Become a Giver &  
Watch the Magic!*



2400 Marshall Street, Suite B.  
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Person centered. Outcome focused.

North Central Health Care

